



OFFICERS CALL

ST. PETERSBURG AREA CHAPTER,
 Military Officers Association of America
 PO Box 7054, St. Petersburg, FL 33734



★★★★★ Five Star Chapter ★★★★★

Vol XIV No.III

March 2014

President's Comments:

I hope everyone enjoyed our guest speaker for the February luncheon as much as I did. Operation Helping Hand is such a wonderful program and it deserves as much support as we can give it. As I mentioned at the luncheon, the Chapter has approved a monetary donation to this cause. I also plan to support it by participating in the upcoming golf tournament at MacDill Air Force Base in March where the proceeds will be used in support of this great program. If you would like to join my team, please let me know right away.



Plans for the June convention are progressing and we hope for a pick-up in registrations and ads as we draw closer to June. Please encourage everyone you know to attend, and if you know any businesses that would be willing to place an ad, please encourage them to do so. Bill Bolin continues to do an excellent job but he could use everyone's help. We have an excellent lineup of speakers and workshops that all will enjoy. We have yet to receive a lot of interest in attending a Rays baseball game, so if you wish to do so, please let Larry know as soon as you can.

See President Page 4

INSIDE

Calendar and Contact List.....	Page 2
Luncheon Minutes	Page 3
Executive Committee Minutes	Page 3
Legislative Update	Page 5
Luncheon Photos	Page 6-7
Financial Statement	Page 9
Birthdays	Page 8
TAPS	Page 9
New Members	Page 9
Sick List	Page 9
Donations	Page 11
Upcoming Luncheon Information	Page 12

TFL Rx Changes

Beginning March 15, TRICARE For Life (TFL) beneficiaries will be required to fill maintenance medication prescriptions refills through the TRICARE Home Delivery (mail-order) pharmacy system.

Beneficiaries can opt out of this requirement after using the mail-order refill system for one year.

The new requirement stems from the FY 2013 defense authorization bill. In a bipartisan compromise to avoid large, across-the-board TRICARE pharmacy copay increases, Congress included a mandatory mail-order pilot program for TFL beneficiaries to offset the cost.

Mail-order pharmacy delivery lowers costs for both beneficiaries and DoD. A 90-day refill of generic medication is free through the mail-order pharmacy, but costs \$5 per 30 day refill at a retail drug store. For brand name medications the cost is \$13 for a 90 day refill through mail-order versus \$17 for a 30 day refill at a retail store.

The mandate applies to a group of brand name maintenance medications. Generic medications are exempt from the mail order requirement. If the beneficiary has not switched to home delivery or to a military treatment facility, starting with the third fill of that same medication after March 14, the beneficiary will be responsible for the entire cost of the medications if obtained from a retail pharmacy.

All initial prescriptions can still be filled at a retail store, beneficiaries can receive up to two 30 day refills at a retail store during the transition.

Beneficiaries living near a military hospital or clinic may continue to fill their prescriptions on base and do not need to enroll in the mail order program.

Nursing home patients are also eligible for exemption from the mail order requirement. Caregivers can call the number below with prescription information to opt out, and Express Scripts will also be reaching out to nursing homes to assist with the process.

TRICARE will begin reaching out to affected beneficiaries over the next month. You can enroll online or over the phone at 1-877-882-3335.

Individual waivers to opt out of the requirement may be granted on a case-by-case basis due to personal need or hardship, emergency, or other special circumstance.



Officers Call



Print Media Winner- 2006

Print Media 1st Runner-Up-2008 & 2010-11

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- Editor – CWO4 Jim Patton, USCG (Ret) 393-4160
- Photos – Col Bill Lofgren, USAF (Ret) 528-3946

EXECUTIVE COMMITTEE

DIRECTORS

- President- LTC Terry Carr, USA (Ret) 459-4026**
- 1st VP- CDR Glen Crabb, USN (Ret) 561-0697
- 2nd VP- MAJ Joanne Taylor, USA (Ret) 388-2384
- Secretary- Mrs. Chris Lillich Spouse-A 546-2246
- Treasurer- Maj Pete Dawson, USAF (Ret) 894-3761

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- COL Roger Popham, USA (Ret) 498-6860
- Capt Frances "Fran" Shivers, USAFR (Fmr) ... 347-9538

2013 & 2014—

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- LTCol Robert Palsha, USA (Ret) 391-6431
- Mrs Pauline Edwards, AuxMbr-MC 360-2936

Immediate Past President

- MAJ Ed Lillich, USA (Ret) 546-2246

COMMITTEE CHAIRS

- Advertising Vacant
- Auxiliary Liaison . Mrs Anita Harrow, AuxMbr-N . 367-9050
- Awards Vacant
- Chaplain COL George Brown, USA 866-6859
- Chaplain Ass't COL Mike Day, USA 394-9151
- Database Manager Lt Col Larry Fernald, USAF 522-6237
- Help Our Troops Mrs Anita Harrow, AuxMbr-N . 367-9050
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- Hospitality CDR Glen Crabb, USN 561-0697
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- Membership Vacant
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- Newsletter CWO4 Jim Patton, USCG 393-4160
- Nominating Cmte Col Bill Lofgren, USAF 528-3946
- Parliamentary Col Bill Lofgren, USAF 528-3946
- Personal Affairs ... Mrs Violet Smith, AuxMbr-A .. 595-5543
- Pinellas Co Vet Lia MAJ Ed Lillich, USA 546-2246
- Programs CDR Glen Crabb, USN 561-0697
- Publicity: Pauline Edwards, AuxMbr-MC . 360-2936
- Reservations CDR Bill Bolin, USNR 584-1595
- Scholarships: Lt Col Larry Fernald, USAF 522-6237
- TOPS Vacant
- VAMC Vol Svcs ... Vacant
- Vet Liaison MAJ Ed Lillich, USA 546-2246
- Visitation Mrs Virginia Balke AuxMbr-A . 544-3598
- Webmaster Lt Col Larry Fernald, USAF 522-6237

Did you know that if you were to subscribe to the *Officers Call* via email that you could, using your computer, easily enlarge the pages and even selectively print out a page or more? Or, just read or print it all out in color!

To subscribe to the electronic version of *Officers Call*, and save valuable funds for your Chapter, call Larry--727-522-6237.

Luncheon Meetings The 3rd Friday — mixer
11:00 - 11:45; luncheon program 11:45 - 13:15;
Banquet Masters, 8100 Park Blvd., Pinellas Pk.

CALENDAR

- March 21st** Dick Crippen, Tampa Bay Rays
- April 18th** Mr. Michael Fineo, 9-11 Survivor
- May 16st** Memorial Service
- June 20th**

**** Need a ride to the luncheon?
Call: CDR Bill Bolin 584-1595 or
LTC Terry Carr 392-6524**

Business Meetings are on the 1st Monday of the month 11:30-12:30 at Perkins Restaurant on the NE corner of Starkey Rd. & Park Blvd., Seminole.

- March 3rd** Monday
- April 7th** Monday
- March 5th** Monday

MILITARY OFFICERS WIVES' CLUB

Luncheons:

- Next luncheon will be
Tuesday March 11th Dolphin Beach Resort
1130 hours 4900 Gulf Blvd.
St. Pete Beach

Luncheon Reservations:

- Rose Munchbach, 727-397-4146 or
Evelyn Hamilton, 727-399-1272

Membership Info:

- Barbara King 391-2564

Bridge: (1st Wednesday of the month) 10:00 AM
Banquet Masters, 8100 Park Blvd., Pinellas Park.

- Reservations or Information: Evelyn Hamilton 399-1272

Chapter Statistics

Total Membership - 245
Regular Members - 157
Auxiliary Members - 84
Inactive Members - 3

Military Services:

Army - 65 USMC - 11
USAF - 45 USCG - 6
Navy - 29 NOAA - 0

2/25/2014



Minutes

Reported by **Chris Lillich**

Monthly Luncheon; 21 February 2014

Attended – 65: (67 reservations), 2 Member Guest, 1 Chapter Guests, 0 Walk in, 0 Cancel, 2 No Shows

The Luncheon meeting was called to order by President Terry Carr. Chaplain George Brown gave the invocation and Terry led the Pledge of Allegiance.



Those seated at the head table were; 1st Vice President Glen Crabb, Chaplain George Brown, Our Guest Speaker, CAPT Robert J. Silah, and President Carr.

Guests were; Charlie Hamilton, son of Evelyn Hamilton and Mario Mazzi, nephew of Marie Lorence.

Pauline Edwards had convention shirts available for sale. They are \$30.00 each and Chapter members are encouraged to purchase a shirt and wear it to help advertise the upcoming June convention in St. Petersburg.

Larry Fernald announced that Admiral Norb Ryan, USN (Ret) will kick off the convention on Saturday Morning at the All Hands Breakfast. Rear Admiral Ed Winters, USN(Ret), Navy Seal, will be the speaker for the Military Ball.

Lynn Bolin conducted the door prize drawing won by Daniel Craig. Pauline Edwards conducted the 50/50 drawing which was divided between Bill Eicholz and Ozzie Osborn.

Anita Harrow announced the Valentine Boxes had been sent out and cards and notes were in each box. Marc Freese, son of Sherry Freese is now in Hawaii and he sent Anita names of Marines currently deployed for the Chapter to add to the list of addressees for receiving the boxes. Marc said the Marines would like to have magazines such as sports and health magazines. She asked for donations of used magazines, not older than 3 months, or stop by your favorite drug store and ask if they would donate a magazine to send to the troops. Anita needs tooth brushes, tooth paste, dental floss and of course, beef jerky.

Sherry Freese asked all the members to buy raffle tickets for the quilts even if they do not attend the convention as the proceeds will help the Chapter and Council. The winner does not have to be present at the drawing.

Following lunch, Glen Crabb introduced our speaker, CAPT Bob Silah. Bob has been the driving force behind Operation Helping Hand which began in 2004. Operation Helping Hand has assisted over 1,000 of our active duty wounded and countless family members. The average age of the wounded is 19-20 which includes all services of the military. Monthly dinners, held on the 3rd Thursday, are hosted by Operation Helping Hand at the Spinal Cord Injury Center at the James A. Haley Veteran's Hospital in Tampa, to honor the injured and

wounded. They are put on at no cost to the military or guests. It is a chance for the community, including MacDill AFB, to offer their thanks to these brave military. The International Coalition Countries work closely with U.S. Central Command and help with the serving of the food and other things at these functions. The Coalition will sponsor the dinner in March. In addition to the dinner each of the wounded receive a welcome kit, flowers, and gifts. Other services provided are gift cards for gas, entertainment and dinner out, rental cars, subsistence, auto expenses and airfares for families to visit them. CAPT Silah invited the St. Petersburg Chapters members to attend these dinners. You do need to let them know how many will be going so they will be able to know how much food they will need. If you are interested please call Terry Carr and let him know and he will make sure you are included on the guest list.

In 2005 Operation Helping Hand won 1st prize in the "Newman's Own" national competition out of 170 entries. In addition they have been honored with awards from the Greater Tampa Chamber of Commerce, the United Way of Tampa Bay, the Mayor's Alliance and in 2013 the Tampa Bay Lightning Community Hero Award. The Lighting organization contributed \$50,000 to Operation Helping Hand, which is a 501(c)(3) non profit organization. The Tampa Bay Rays provide suites and furnish food to the wounded at many of the home games.

Operation Helping Hand is an all volunteer organization. No one gets salaries or any kind of remuneration. All donations go exclusively to the organization to carry out the missions. Anyone who would like to donate to Operation Helping Hand INC. can do so by sending a check to PO Box 270246, Tampa, FL 33688-0246. Please include your name, address and phone number. Contributions are tax deductible.

Following a brief question and answer period Terry Carr presented Bob with our traditional gift of drink glasses along with a check from the Chapter to the Operation Helping Hand Inc.

There being no further business, George Brown gave the benediction and the meeting was adjourned.

Next luncheon is March 21, 2014 and Dick Crippen from the Tampa Bay Rays will be the guest speaker.

Executive Committee Meeting 3 February 2014

The meeting was called to order by President Terry Carr at 1130 hours. Chaplain George Brown gave the invocation and the Pledge of Allegiance was said. Seventeen members were present including; Bill Bolin, George Brown, Terry Carr, Maureen Connors, Glen Crabb, Larry Fernald, Anita Harrow, Chris Lillich, Ed Lillich, Bill Lofgren, Ozzie Osborn, Robert Palsha, Jim Patton, Roger Popham, Violet Smith, Joanne Taylor and Sherry Freese.

Terry introduced and welcomed the new members on the board and advisory committee; Glen Crabb, Ozzie Osborn, Robert Palsha and Roger Popham.

Secretary's Report: A correction was made in the January minutes to reflect the rank of George Brown from *LTC* as

See Minutes Pg 4



President from Page 1

I recently received word from Admiral Ryan that MOAA successfully led the charge in Congress' recent relief of the latest harmful cost-of-living adjustment (COLA) cuts. MOAA members sent approximately 295,000 messages urging Congress to do the right thing. In his words, "It was an important victory, saving working-age retirees thousands in earned lifetime benefits. But critical military benefits remain in jeopardy. MOAA is fighting for what's fair and to protect the benefits you were promised for your years of service. But our strength depends on our numbers...and on having the resources to keep working with Congress to protect your rights. That's why I urge you to let your fellow officers know that their support is critical and encourage them to join MOAA's ranks."

Our speaker for the March luncheon meeting will be Dick Crippen of the Tampa Bay Rays. I hope to see everyone there.

Minutes from from Page 3

printed to *COL*. Ed Lillich made a motion to accept the minutes as corrected, seconded by Larry Fernald and motion passed.

Treasurer's Report: Larry Fernald presented the treasurer's report. The balance in the operating account is \$6,294.80. The Convention Account has been established in the books so this balance does not include the convention monies. Ed Lillich made a motion to accept the Treasurer's Report pending audit, seconded by Larry Fernald. Treasurer's Report will be filed for audit.

1st Vice President's Report: Joanne said that two of her prospects, MAJ William "Bill" Terwilliger, USA (Ret) and Jeanne Hardin-Gres, have joined the Chapter.

COMMITTEE REPORTS:

Data Base Manager: Larry Fernald made a motion to add 18 names to our Electronic list for sending the Officers Call each month. This would include other Chapters and Council members and would give us a better mailing rate. Ed Lillich seconded the motion and motion passed. Larry is putting together the 2014 Member directory and will send the proof to the members of the Executive Committee in the next week or so. Ed Lillich commended Larry on his continued good work year after year.

HOT Anita Harrow thanked Larry for including the POW/MIA Table at the installation luncheon, however she expressed her disappointment that the reading of the purpose of the POW/MIA was not included as this shows our respect to those military personnel. Some of the attendees had not heard the recitation and weren't aware of the meaning of the table's presence.

Visitation: Violet said that Caroll Andrews is still at Lake Seminole, but unable to get to the meetings and his daughter said he also would appreciate cards.

Convention: Sherry Freese reported that Pauline Edwards has convention shirts available. Sherry suggested that we all wear them to advertise the upcoming convention. Sherry has

more raffle tickets to sell, but to date has sold \$600 worth of tickets. She reminds everyone that you do not have to be present to win and urges all our members to buy a ticket or two. Larry reported that we have fifteen reservations to date and expects more to come in starting next month. Paulette Carr has sent letters to all the Chapters to invite them to attend the convention. Larry has confirmed that Rear Admiral Ed Winters, III, USN (Ret) will be the keynote speaker at the Military Ball. Barry Wright, MOAA, will hold a seminar and Violet Smith and Anita Harrow will hold a seminar for surviving spouses. There will be a total of three seminars and times have still to be determined. The 50/50 will take place at the convention, and the CAP will serve as Color Guard and escorts. A convention committee meeting will be held following the luncheon on 21 February 2014.

Reservations: Bill Bolin has asked for someone to step forward and take over reservations. Bill and Lynn have been doing reservations for four years. Anyone interested in helping with reservations are asked to contact Terry Carr or Bill Bolin.

JROTC: Ed Lillich said that \$150 had been sent from the Chapter to help with trophies and medals for the annual field day of the JROTC units that we support. Ed also mentioned that he had, on behalf and at the direction of the President, submitted the Communication Awards application for the year 2013.

NEW BUSINESS:

Audit: President Terry Carr appointed Bill Lofgren to head the Audit Committee.

Policy Book: Larry Fernald made a motion to change Paragraph 18 in the Policy book as follows: (proposed changes are underlined).

18. SPEAKERS

Chapter Members will not be used as speakers to Chapter functions on matters that could be construed as materially advantageous to the speaker. No candidates for political office will be allowed to address the Chapter during their campaign unless their opponents are given an opportunity for equal time.

MOAA, as an organization, does not support candidates, but only deals with elected officials. Therefore in keeping with this practice, and to avoid any appearance of impropriety, no candidate or candidates for office will be allowed to address the chapter. If a candidate attends a luncheon or other meeting, no special recognition will be afforded that candidate.

The May luncheon of each year is designated as the Chapter Memorial Service for departed chapter members and spouses. Therefore, there will be no speaker at that luncheon.

The September luncheon falls on the same day as National POW/MIA Recognition Day, and any speaker obtained for that monthly luncheon will, with all possible efforts, be in the vein of POW/MIA recognition.

There will be a small Chapter ceremony to recognize our POWs

See Minutes Page 8



MOAA Legislative Update

Edited by **Jim Patton**

From MOAA and other sources

Pentagon Budget Slashes Benefits

The Pentagon is facing a looming fight against veterans groups and lawmakers in its 2015 defense budget preview released Monday, February 24th.

The proposal would reduce benefits for active-duty personnel, reduce the Army's size to a pre-World War II level and close excess military bases — all things that have faced stiff resistance by Congress and veterans.

Troops would see a 1 percent pay raise and flag and general officers would see a pay freeze in 2015. Troops living off-base would see the housing costs rise by 5 percent, and would no longer have renter's insurance reimbursed.

Healthcare fees and deductibles would rise for retired members and active-duty family members. Subsidies for military commissaries inside the U.S. that provide military families with low-cost goods would be reduced.

Keeping pay raises at 1 percent and raising the cost of housing 5 percent would cost an E-5 Army sergeant with 10 years of service \$1,400 per year, according to the Military Officers Association of America.

An O-3 Army captain would lose \$2,100 per year, according to the MOAA. Those costs would not include changes from healthcare fee increases or the increased cost in goods at commissaries.

Iraq and Afghanistan Veterans of America issued the statement: "Here we go again. Washington is trying to balance the budget on the backs of those who have sacrificed the most."

"We know the Defense Department must make difficult budget decisions, but these cuts would hit servicemembers, making it harder for them and their families to make ends meet," said a statement by the group's CEO and founder, Paul Rieckhoff.

Congress criticizes defense budget request: Lawmakers fired off statements criticizing the changes to military compensation and proposed program cuts.

House Armed Services Committee Chairman Buck McKeon (R-Calif.) urged the Pentagon to wait until a commission appointed to review pay and compensation comes out with its recommendations in February 2015.

"We know that the all volunteer force is a finely tuned instrument. That is why the NDAA instituted a commission to examine the compensation structure. I continue to believe it would be foolish to institute those significant, piecemeal changes before the commission reports — especially since these moves are the consequence of trying to resolve our fiscal problems on the backs of our troops," McKeon said in a statement.



Sen. Kelly Ayotte (R-N.H.) said she would fight the Pentagon's plan to retire the Air Force's A-10 attack jet fleets without having a viable alternative.

"Instead of cutting its best and least expensive close air support aircraft in an attempt to save money, the Air Force could achieve similar savings elsewhere in its budget without putting our troops at increased risk," she said in a statement.

House Armed Services Committee ranking member Rep. Adam Smith (D-Wash.) called for his fellow lawmakers to reverse budget caps known as sequestration that would reduce Pentagon spending by \$50 billion each year through 2023.

"If Congress does not act, sequestration will go back into effect in fiscal year 2016 and beyond. Secretary Hagel clearly articulated that future uncertainty is making it difficult for the Department to plan," Smith said in a statement.

"Under these conditions, our military leaders are doing their best to put forward a budget that provides national security. The preview outlines some tough choices, and I look forward to reviewing the budget in its entirety."

McKeon urges attention to Afghanistan: Rep. Buck McKeon (R-Calif.) urged the public and the administration not to abandon Afghanistan, and to support an enduring presence there after the NATO combat mission ends in 2014.

"Without our support, and that support includes presence and money, the Afghan security forces can't execute," he told an audience at the National Press Club.

"The remaining gaps are not unreasonable for a five-year-old force. They need help with logistics, with administration, pay and leave, with air support, with intelligence," said McKeon.

"Filling these gaps does not mean that America's sons and daughters will be stuck on the front lines forever," he added.

McKeon's remarks comes after a Gallup poll last week that found that most Americans believe the war was an error.

House Speaker Rep. John Boehner (R-Ohio) echoed McKeon's remarks in a statement: "We all want to bring our remaining troops home as soon as possible, but succeeding in Afghanistan is vital to our national security interests and our mission must take priority over any calendar dates. The president has an obligation to better make that case to the American people."

Military sexual assault bills blocked: An effort by Senate Majority Leader Harry Reid (D-Nev.) to set up two military sexual assault bills for a vote this week was blocked by Sen. Jerry Moran (R-Kan.), who demanded the Senate also vote on an Iran sanctions bill.

"I am terribly disappointed that my Republican friends are trying to turn this vital national security concern into a partisan issue by trying to inject into it a setting where it's clearly not relevant," Reid said.

The White House has urged senators not to vote on additional sanctions as it seeks a final deal to prevent Iran from developing a nuclear weapon.

See Legislature Pg 8



Chaplain George Brown giving the invocation



CAPT Silah with 1st VP Glen Crabb



Guest speaker CAPT Bob Silah



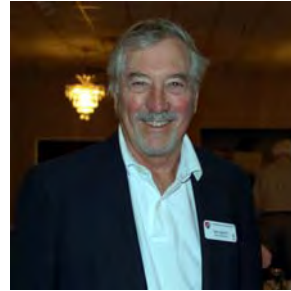
President Terr Carr presenting CAPT Silah with chapter gift



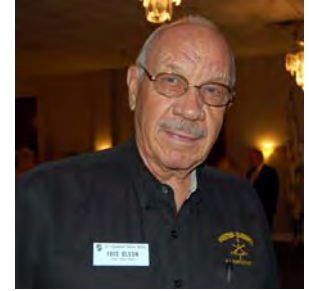
Bill Eicholz donating his 50/50 winnings to Operation Helping Hand



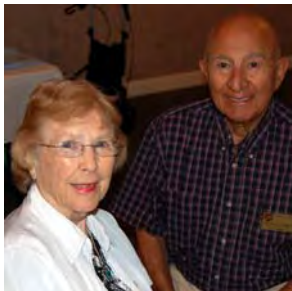
Evey and son Charliel Hamilton



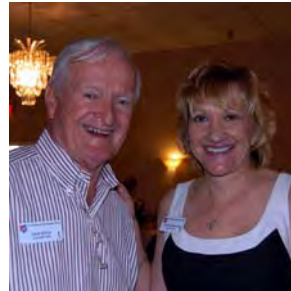
Ken Ernst



Fred Olson



Visitors Joan and Peter Damick from MOAA Rochester, NY



Dick Koch and Susan Langston



Marie Lorence and nephew Mario Mizzi



Maureen and Ed Conners



Carol and Van Barnes and 2nd VP Joanne Taylor



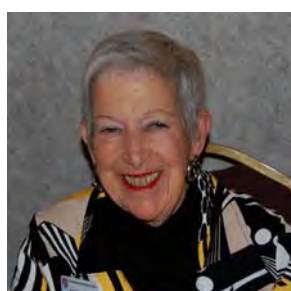
Ozzie and Isabel Osborn



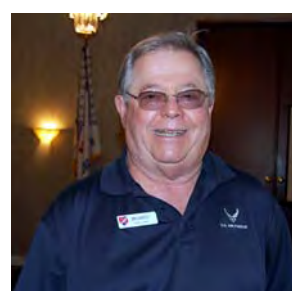
Bill and Lynn Bolin



Dr Jack Westman



Violet Smith



Jim Garvey



Sherry Freese

If you would like a copy of your monthly luncheon photo taken by Bill Lofgren, please notify Larry Fernald of your correct email address at the following email address: LarryFern246@tampabay.rr.com



Margaret and Earl Peck



Katie and Glen Crabb



Larry and Barb Fernald in our new Convention Shirts



Barbara Stakk and Robert Palsha



Paul and Betty Finley



Herb Tondreau



Joan Landers and Sherry Freese



Jon Barber



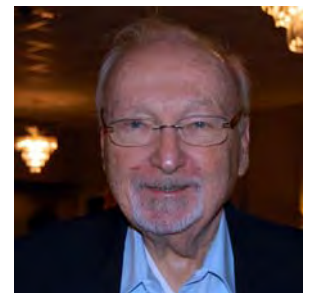
Will and Bon Johnson



Tony Quattromani



Marlene and John Talbitzer



Peter Hermann



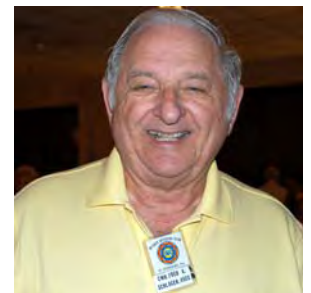
George Stenehjem



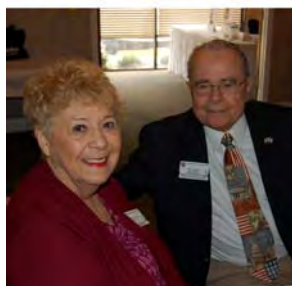
H. B. Love



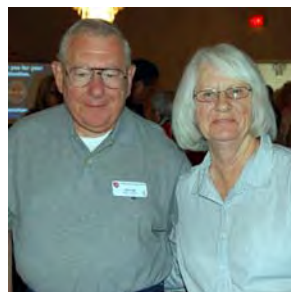
Anne Isley and Anita Harrow



Fred Schlager



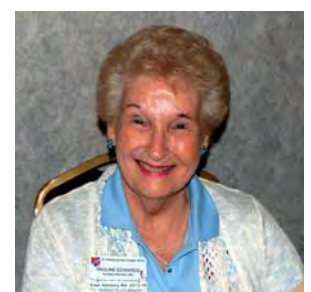
Chris and Ed Lillich



Ken and Ellen Marie Fine



Paulette and Terry Carr



Paulene Edwards

Photos by Bill Lofgren



Minutes from Page 4

and MIAs.

Motion was seconded by Anita Harrow and motion carried.

ANNOUNCEMENTS:

Terry Carr read a letter of Thank You for the \$300 check for the Scholarship Fund from the key note speaker and installer at the Installation, Admiral Norb Ryan. He also thanked the Chapter for its wonderful hospitality.

There being no further business Chaplain Brown gave the benediction and the meeting was adjourned.

Legislature from Page 5

The bills are by Sen. Kirsten Gillibrand (D-N.Y.) who proposes giving military lawyers outside a defendant's chain of command authority over any military court case in order to avoid favoritism, retaliation against a victim or unwillingness to prosecute a case.

The other bill is by Sen. Claire McCaskill (D-Mo.), who favors leaving the authority within the chain of command but supports other reform measures.

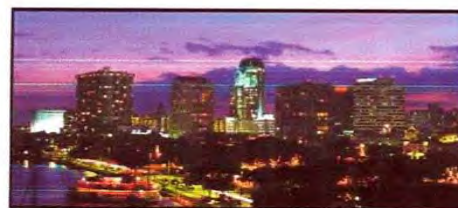


St Petersburg Area Chapter

Military Officers Association
of America, Inc.



**Join us
in
Beautiful
downtown
St Petersburg
for the
2014
FCOC Convention
6-8 June 2014**



Registration Package

St Petersburg offers many exciting, cultural, and historical locales for you to visit. For example the Dali Museum, the Chihuly glass exhibit, and the historic Albert Whitted Airport, where the first commercial passenger flight was launched. All of these, and more, are within walking distance.

As a special treat, we are making arrangements to attend the Tampa Bay Rays major league game on Sunday afternoon. If you are interested, and there is a large enough group, we will make arrangements and provide you with details.

For your convenience, we have made arrangements with the hotel to book your room through us saving you approximately 18%. You will see a place on the registration form to indicate your arrival and departure dates. Room rates are valid for three days prior and three days following the convention, subject to room availability.

The registration form is available on the St Petersburg Area Chapter website at; <http://moaastpetearea.com> or by contacting Larry Fernald at the number or email listed below.

If you are planning to attend only one event, there is a special registration rate.

Should you have any questions about the registration process, or the convention in general contact;

Larry N. Fernald, Lt Col USAF (Ret)

Convention Chair

Larry246MOAA@tampabay.rr.com

727-692-6237

March Birthdays (64 to 89 years)

<u>Day</u>	<u>LName</u>	<u>FName</u>	<u>Rank</u>	<u>SVC</u>
22	Bartlett	William	CAPT	USN (Ret)
27	Choronenko	Iwan	Lt Col	USAF (Ret)
5	Eichholz	William	LTC	USA (Ret)
21	Fink	Marion	Mrs.	AuxMbr-AF
30	Foutz	Delores	Mrs.	AuxMbr-A
27	Green	Robert	CDR	USN (Ret)
13	Hamilton	Rosemary	Mrs.	AuxMbr-AF
25	Hughes	Yvonne	1 LT	USA (Fmr)
22	Imboden	John	2nd Lt	USAAF (Fmr)
16	Isley	Anne	Mrs.	AuxMbr-A
25	Jackson	Mallett	Col	USMC (Ret)
18	Lewis	Margaret	Mrs.	AuxMbr-Spouse
09	Milford	Marjory	Mrs.	AuxMbr-Spouse
09	Patton	Kathleen	Mrs.	AuxMbr-Spouse
04	Phillips	Bettye	Mrs.	AuxMbr-A
19	Quattromani	Anthony	LTC	USA (Ret)
22	Roberson	Harold	Col	USMC (Ret)
2	Summers	Robert	Col	USAF (Ret)
29	Vitters	Cynthia	LTC	USA (Ret)

RAFFLE

Our biggest fund raiser at the convention will be the raffle for the two hand made quilts. Tickets are \$5.00 a piece and can be purchased at our monthly luncheons. You can also take some to sell to your friends and neighbors. Winner does not need to be present at the drawing. A good gift for someone up north who needs protection from the cold temperatures.



Visit our Chapter Web Site =>





TAPS

- ◆ **Newton, Ruth, Mrs.**, Spouse of Col Richard Newton, 7 December 2013
 - ◆ **Caton, Margaret, Mrs. AuxMbr-AF**, 25 January 2014
 - ◆ **Layton, Thomas C., CAPT (USN (Ret))**, 11 February 2014
 - ◆ **Jessup, Jean, Mrs., AuxMbr-A**, 22 February 2014
- Our thoughts and prayers are with family and friends.



Welcome Our New Members!

- ◆ **Jeanne Hardin-Gres, COL, USA (Ret)**, 20064 Gulf Blvd, Indian Shores, FL 33785, 813-220-2501 (Corrected rank and address)
- ◆ **Ken Ernst, Capt, USAF (Ret) (Nancy)**, 219 7th St E., Tierra Verde, FL 33715, 732-991-8014
- ◆ **Carol Barkalow, LTC, USA (Ret), (Sheila)**, 4115 Poinsettia Dr, St Pete Beach, FL 33706, 727-742-3630
- ◆ **Sheila Mutascio, Ms. AuxMbr-Spouse (Carol)**, 4115 Poinsettia Dr, St Pete Beach, FL 33706, 727-742-3630
- ◆ **Robert A. Reed, LCDR, USN (Ret), (Vicky)**, 1200 Country Club Dr. #1206, Largo, FL 33771, 727-563-7699
- ◆ **Vicky Reed, Mrs., AuxMbr-Spouse, (Bob)**, 1200 Country Club Dr. #1206, Largo, FL 33771, 727-563-7699

Discover The Benefits Of Life
Membership In MOAA.

Financial Report Summary for the Month of January

HOT Fund

..... Balance, Beginning of Month	\$ 3,206.15
..... Donations	\$ 75.00
..... 50/50	\$ 0.00
..... Memorials	\$ 0.00
..... Expenses	\$ 0.00
..... Balance, End of Month	\$ 3,281.15

Scholarship Fund

..... Balance, Beginning of Month	\$ 0.00
..... Donations	\$ 125.00
..... Expended	\$ 0.00
..... Balance, End of Month	\$ 125.00

0.00

Operating Account

..... Balance, Beginning of Month	\$ 9,362.08
..... Luncheon Income	\$ 2,755.00
..... Dues	\$ 325.00
..... Misc Income	\$ 1,350.73
..... Interest Earned	\$ 0.94
..... Luncheon Expense	\$ (2,875.49)
..... Honotia/donations	\$ (300.00)
..... Supplies	\$ (196.00)
..... Post Office	\$ (46.00)
..... Miscellaneous Expenses	\$ 0.00
..... Memorial to HOT	\$ 0.00
..... Printing/mailing	\$ (603.85)
..... Newsletter Costs	\$ (327.61)
..... VA/JROTC	\$ (150.00)
..... Balance, End of Month	\$ 6,294.80

Sick List

Your cards, prayers, and thoughts are welcome.
(Contact Mrs. Virginia Balke, 544-3598)

- ◆ **Lt Col John Milford, USAF (Ret)**
- ◆ **Col Mildred "Gene" Butler, USAF Ret)**
- ◆ **Mrs. Margaret Mattson, AuxMbr-CG**
- ◆ **COL Frederick Terry, USA (Ret)**
- ◆ **CWO4 Basil Burrell, USCG (Ret)**
- ◆ **BG Paul Smith, USA (Ret)**

Do You Want To Get Involved?

We are looking for someone to take over the job of handling the reservations for our monthly luncheons, Bill and Lynn Bolin have been handling this job for many years and find that they are unable to continue. If interested contact Bill and come work a luncheon with them to find out just what the job entails. It is a great opportunity to meet our members.



Lake Seminole Square is more than just a great place to live - it's a great investment, too!

Visit us to learn more and discover why our community ranks among the best in resident satisfaction within the Brookdale Senior Living communities.

Call 727-392-3932 to schedule your personal visit. Mention this ad for a complimentary lunch in our new Lakeside Bistro.*

(*Not valid holidays or weekends)



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Phone #727-392-3932

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(727) 559-8411



Call (727) 559-8411 or e-mail largo@arden-courts.com to speak to our dementia specialist.

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CHANGE TODAY FOR A HEALTHIER TOMORROW DIABETES PREVENTION PROGRAM

PROGRAM OVERVIEW

The YMCA's Diabetes Prevention Program helps adults at high risk of developing type 2 diabetes reduce their risk for developing the disease by taking steps that will improve their overall health and well-being. Research by the National Institutes of Health has shown that programs like the YMCA's Diabetes Prevention Program can reduce the number of new cases of type 2 diabetes by 58%, and 71% in adults over the age of 60.

DESCRIPTION AND GOALS

- Small group, supportive environment
- Learn about healthier eating & increasing physical activity to reduce risk
- Classroom based— can be offered in any community setting
- 1 year program—16 weekly sessions then monthly sessions
- Reduce body weight by 7%
- Increase physical activity to 150 minutes per week

WHO QUALIFIES

- Adults 18+
- Overweight (BMI >25)*
- At risk for or have been diagnosed with

PREDIABETES†

1. Previous diagnosis of gestational diabetes.
2. Blood test with one of the following results
 - Fasting Plasma Glucose between 100 – 125 mg/dL
 - 2-hour (75 gm glucola) Plasma Glucose between 140-199 mg/dL
 - A1c between 5.7% and 6.4%
3. A qualifying risk score based on a combination of risk factors— family history, age, etc.

*Asian individuals) BMI > 22

†Individuals who have already been diagnosed with either type 1 or type 2 diabetes do not qualify for this program.

For more information and program fees, financial assistance or to see if you qualify, contact:

Kieran Gabel
YMCA of Greater St. Petersburg
600 1st Avenue North
St. Petersburg, FL 33701

kgabel@stpeteymca.org
727-418-9869 ext 219

The St Petersburg and Tampa Bay Area YMCA's were given a grant from Medicare to offer the program to Medicare recipients at no charge and comes with a free membership to the YMCA.

2014 Scholarship Fund Donors (Includes donations to National MOAA)

Gold (\$100 & more); Silver (\$50-99); Bronze (\$1-49)

••GOLD –

Carr, Terry LTC
Fernald, Larry Lt Col
Flint, John Col
Harrow, Anita Mrs.
Isley, Anne Mrs.
Lee, Bill LCDR
Lofgren, Bill Col
Love, H. B. COL
Palmer, Stew Col
Patton, Jim CWO4
Patton, Kathi Mrs.
Peck, Earl Maj Gen
Schoeppner, John Maj Gen
Smith, Violet Mrs.
Spears, Tom 2LT

••SILVER –

Gioe, Shirley Mrs.
Hamilton, Evelyn Mrs.
Hetherington, Chuck Col

••BRONZE –

Fratangelo, Paul MajGen
Hermann, Peter Col
Koch, Dick Lt Col
McCormick, Jim Lt Col
Myers, Ralph Lt Col
Sartorio, Sal Maj
Tondreau, Herb CWO4

Member donations ONLY:
\$2,058 as of 2/25/2014

Scholarship donations have permitted us to complete our first \$25,000 scholarship, we began a second scholarship at the beginning of 2009 (to be completed by 2014). Each of these scholarships, managed by MOAA, will provide a \$500 grant and a \$5,000 interest free loan.

2014 Help Our Troops Donors

Gold (\$50 & more); Silver (\$25-49); Bronze (\$1-24)

••GOLD –

Carr, Terry LTC
Fernald, Larry Lt Col
Fratangelo, Paul MajGen
Gioe, Shirley Mrs.
Harrow, Anita Mrs.
Isley, Anne Mrs.
Kottich, Chuck COL
Lee, Bill LCDR
Lofgren, Bill Col
Love, H. B. COL
Misuraca AJ 1st Lt
Palmer, Stew Col
Patton, Jim CWO4
Patton, Kathi Mrs.
Peck, Earl Maj Gen
Schoeppner, John Maj Gen

Smith, Violet Mrs.
Spears, Tom 2LT
Tondreau, Herb CWO4

••SILVER –

Bax, Giles COL
Hermann, Peter Col
Hetherington, Chuck Col
Koch, Dick Lt Col
Myers, Asa Mrs.
Sartorio, Sal Maj

••BRONZE –

Hamilton, Evelyn Mrs.
Wildes, Shirley Mrs.

Member donations ONLY:
\$ 1,442 as of 2/25/2014

Officers Call Booster Donors

Just a reminder: This fund was discontinued effective 1 January 2014. Any monies donated prior to that for 2014 were divided equally between the Scholarship Fund and HOT



St Petersburg Area Chapter, MOAA

Monthly Luncheon

Friday
21 March 2014

Banquet Masters
8100 Park Blvd.
Pinellas Park, FL

11:45 AM - 1:15 PM
Social Hour 11:00 to 11:45
Program Begins at 11:45

Guest Speaker:

Dick Crippen

Tampa Bay Rays

Dick is currently Senior Advisor with the Tampa Bay Rays. He serves on eleven boards of directors including the St. Petersburg YMCA; PARC, United Way of Tampa Bay Advisory Board; One Blood (formerly Florida Blood Services); Blossom Montessori School for the Deaf, CASA (Trustee); Pinellas Education Foundation; P.A.L Advisory Board, the Salvation Army Advisory Board and CharityWorks Advisory Board. He is also a lifetime member of the board for the Suncoast Ronald MacDonald Houses. He was appointed as an Honorary Vice Commander of the 6th Air Mobility Wing at MacDill Air Force Base. 2011-2013.



Dick has been a staple of Tampa Bay Area broadcasting for better than four decades. For more than 35 years he served as Sports Director at both the NBC affiliate (19 years - WFLA-TV) and before that at the then ABC affiliate (16 years - WTSP-TV).

He has been a member of and/or reported on the Super Bowl Task Forces that landed Super Bowls for Tampa Bay and has also been present for the birth of NFL Football, NASL Soccer, NHL Hockey and Major League Baseball in the Tampa Bay Area. His job in sports took him to ten Super Bowls as well as Final Fours; Sugar, Orange and Fiesta Bowls; years of Florida/Florida State match-ups and several World Series. He was named Florida Sportscaster of the Year four times in the 1990's by the National Sportscasters and Sportswriters Association.

In the year 2001, Dick had the distinct honor of flying with the USAF Thunderbirds and also attended the Joint Civilian Orientation Conference put on by the Department of Defense. During that trip he landed on the U.S. Theodore Roosevelt Aircraft Carrier (and catapulted off); was rescued from a pretend embassy and flown out at tree tops aboard a Chinook helicopter; witnessed a live ammunition nighttime assault and toured the War Room at the Pentagon as well as NORAD and Space Command at Cheyenne Mountain in Colorado Springs.

Dick and his wife Penny, reside in St. Petersburg.

MONTHLY LUNCHEON

11:45 AM - 1:15 PM, March 21st 2014

Banquet Masters

8100 Park Blvd, Pinellas Park, FL

• **Reservations MUST be in by Wed, March 19th**

Name: _____

Each reservation \$15:

Corned Beef and Cabbage: _____

Salmon w/Dill: _____

Cobb Salad : _____

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CDR Bill Bolin, 584-1595 or wmbolin@aol.com
LTC Terry Carr 459-4026

March



- 9: Daylight Savings Time Begins
- 17: ST. Patrick's Day
- 20: Operation Helping Hand Dinner, Tampa
- 20: Spring Begins
- 17: Presidents' Day

